



ADMISSION REFLECTION TOOL

Unwell frail person in the community:
Hospital assessment being considered by
Health Care Professional



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Document Control

Version	Date	Author/Reviewer	Comment
4.0	10/01/2022	Dr Kathy Ryan, Prof Jonathan Ives, Dr Charlie Kenward, Dr Harleen Johal	Fourth version for 2 nd cycle testing and roll-out in BNSSG. Authored on behalf of the Health and Care Risk Group - a Clinical Cabinet working group.



INTRODUCTION

The Admission Reflection Tool (ART) has been developed by the Healthier Together Health and Care Risk Group. This is a subgroup of Clinical Cabinet. It comprises a multi-professional and multi-organisational team, including public representation.

The aim of the tool is to improve confident shared decision-making, specifically relating to emergency admissions for frail people. The tool has been designed to encourage 'in the moment' reflection on a range of pertinent factors. It is not designed to guide a decision in either direction.

The decision to admit or not should be arrived at via a shared decision-making process between the health and care team, and the person and their family/carer.

Please use the links below to provide feedback and help us improve this tool.

Feedback: <http://tiny.cc/ARTEvaluation>



ADMISSION REFLECTION TOOL (ART)

Unwell frail person in the community: Hospital assessment being considered by Health Care Professional



The Person

What do they want? What matters to them? Do they have capacity to make their own decision?

The Decision

Existing advance decision/ReSPECT form/Health Power of Attorney? Views of family members/care staff? Urgency?

Frailty Assessment

Degree of frailty? Previous formal frailty/multi-morbidity assessments (e.g. Rockwood/Charlson)? Current vulnerabilities? Nearing the end-of-life?

Do you need 'thinking time', to briefly refresh, or to discuss the case with a colleague?

SCENE SETTING



THE RIGHT DECISION FOR THIS PERSON NOW

RISKS & BENEFITS

Overall, do the benefits of hospital attendance or admission likely outweigh the risks?



Potential Benefits?

Life preserving or life enhancing? Diagnostic certainty? Specific treatment and/or care pathway?

Potential Risks and Harms?

Deconditioning risk? Emotional distress? Increased confusion? Increased dependency? Adequate hospital capacity?

Are you satisfied, and 'at peace', with the decision that has been made?

REFLECT & REVISIT

Evaluation

How does the person seem now a decision has been made?

Second Opinion?

Would talking the decision through with a colleague help? Do you need to revisit any aspect of the consultation/decision?



SHARED DECISION-MAKING

What is needed to make shared decision-making work and, if possible, meet the person's wishes?

The Person

Do they understand risks and benefits? Do they lack capacity for this decision? What do you believe is in their best interests? Are they consenting/assenting/dissenting to the proposed course of action?

Other Factors

Views of the family/carers? Do they understand the risks and benefits? Availability of care or other community support options? Safety risks? Impact of time/day on decision?



Identifying Frailty Resources



MCA 2005 Code of Practice



ART Full Version



SCENE SETTING

Would it help to discuss the case with a colleague?

Do you need to briefly refresh?

Do you need a few minutes 'thinking time'?

The Person

- What does the person want?
- What matters to them?
- Do they have capacity to make their own decision?

The Decision

- Is there an advance decision or ReSPECT form?
- Has a Health Power of Attorney been appointed?
- What are the views of family members and/or care staff?
- How rushed is the situation?

Frailty Assessment

- To what degree is the person frail?
- Has frailty previously been formally assessed (e.g. Rockwood score) and/or multi-morbidity (e.g. Charlson score)?
- In what way(s) does their frailty make the person vulnerable right now?
- Is the person at the end of life?



RISKS & BENEFITS

Overall, do the benefits of hospital attendance or admission likely outweigh the risks?

Potential Benefits?

- What are the potential benefits of admission?
- How could attending hospital help the person?
 - Life preserving or life enhancing?
 - Provide diagnostic certainty?
 - Provide a specific treatment and/or care pathway?

Potential Risks and Harms?

- What are the potential risks of admission?
- How could attending hospital be harmful to the person?
 - Deconditioning risk?
 - Emotional distress?
 - Increased confusion?
 - Increased dependency?
- Is there adequate hospital capacity right now?



SHARED DECISION- MAKING

In sum, what is needed to make shared decision-making work and, if possible, meet the person's wishes?

The Person

- Does the person understand the risks and benefits?
- If the person lacks capacity for this decision, what do you believe is in their best interests?
- Is the person consenting, assenting or dissenting to the proposed course of action?

Other Factors

- What are the views of the family/carers?
- Do they understand the risks and benefits?
- Is adequate care available in situ now? If not, are there other community support options?
- Are there any safety risks?
- Does the time/day impact the decision?



REFLECT & REVISIT

Are you satisfied with the decision?

Are you 'at peace' with the decision?

Evaluation

- How does the person seem now a decision has been made?

Second Opinion?

- Do you need to revisit any aspect of the consultation/decision?
- Would talking the decision through with a colleague help?

Further Resources



**Identifying
Frailty
Resources**



**Mental
Capacity
Act Code
of Practice**



**Sirona
Single Point
of Access**



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